25 Days of Journaling

1. What were the major events of the year?
2. What unexpected event happened? How did I deal with it?
3. In what ways did I grow in the last 365 days?
4. What am I most proud of this year?
5. Who made the biggest impact on me this year?
6. In what ways was I able to help and serve others?
7. What traveling did I do? What did I gain from that experience?
8. What do I wish I had done differently this year?
9. What do I wish I did more/less of this year?
10. What are the things I focused on this year?
11. What are things I forgot? (What did I not get around to.)
12. How have I changed since the beginning of this year
13. What challenged me this year and what was the result?
14. Is there anything I'd like to accomplish before the end of the year?
15. What are some areas I like to grow in next year?
16. On a scale of 1 to 10, how happy am I with: Work, Home, Finances, Personal Growth, Health, Friends, Family, and Spiritual Life?
17. Where do I see myself in a year; what will it take?
18. Who in my life can help me grow this next year?
19. How have I changed since the beginning of this year?
20. What challenged me this year and what was the result?
21. What music or art inspired me this year?
22. Who do I need to surround myself with in the next year?
23. What was the most important reading I did?
24. Who are the people I feel closest to at this point in my life?
25. What do I need to let go and not take with me into this next year?

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